

WEDNESDAY: Hearty Pantry Soup

When I was served this soup at a pal's house, I gobbled it up and politely asked for the recipe. My hostess giggled and walked me to the pantry. 99% of the ingredients can be found at Trader Joe's and come right out of a can or jar. I always make sure that I have these items on hand – always. It's good after 20 minutes but even better after 30. Got a minute the night before? Put them all on a pot, cover and store in the fridge. Heat when you are ready.

Serves: 4 Prep: 10 Cooking 15-20

Ingredients

1 can Cuban beans
1 can red kidney beans
1 can white kidney beans
1 can sweet corn
1 can fire roasted diced tomatoes
1 jar red tomato salsa
2 juicy limes

tortilla or corn chips
sour cream
hot sauce

Cooking Instructions

- 1 Combine the first 6 ingredients in a pot over medium heat.
- 2 Cook for 15-20 minutes.
- 3 Stir in juice of one lime and simmer a few minutes more.
- 4 Serve topped with a dollop of crema or sour cream and chips.